# Care Gap ACHIEVEMENTS

The Ontario Osteoporosis Strategy (OOS), is a population-based initiative to improve the quality of care for osteoporosis in Ontario. The strategy aims to reduce morbidity, mortality, and costs from osteoporotic fractures. Monitoring data from a health system perspective provides opportunities for improving the quality of care.

#### **OUR METHODOLOGY**

This indicator framework has been aligned to the principles of the Quadruple Aim.

improving the health of populations

reducing per capita cost of healthcare

The Quadruple Aim

improving patient & caregiver experience

improving provider experience

#### Improving the Health of Populations

#### Fracture Screening and Prevention Program (FSPP)

(rate of patients, treatment-naive at baseline who were prescribed treatment within 12 months from baseline)



**49**%



**45**%



**58**%

Treatment initiation in Treatment HIP FRACTURE PATIENTS
(66 years & over)

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Treatment initiation in **ALL FRACTURE PATIENTS** (66 years & over)

Treatment initiation in **HIGH RISK PATIENTS** (50 years & older)

#### **Provincial Data**

#### Fracture Per 10,000 People

Age-standardized fracture rate in adults, aged 50 years and older (2017/18)

overall 102.7





18.8



18.6



39.9



21 6

COMMUNITY HIP FRACTURE (AGE 66+)

42.4

(PER 10,000)

LONG-TERM CARE

**184.9** (PER 10,000)



#### TREATMENT INITIATION

(2016/17)

32% (66 years & over)

In treatment naïve hip fracture patients who received treatment within one year of hip fracture

# FOLLOW-UP AFTER HIP FRACTURE (2016/17)

68%

of this population were **NOT** investigated or treated



Rate of identification (BMD testing) and/or treatment (medication) of osteoporosis in adults age 66 and older who have had a hip fracture

# TREATMENT PERSISTENCE (2016/17)

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**54**%



Rate of adults, 66 years and older, who were initiated on pharmacological treatment for osteoporosis during the year and were still taking their medication one year later

#### **Trends in BMD Testing**

#### **BMD TESTING IN ADULTS**

Aged 50 years & older (2017/18)



OVERALL NUMBER

402,541

RATE (PER 100)

7.6%

# BMD ASSESSMENT FOLLOWING WRIST FRACTURE (2016/17)

Aged 50 years & older, who had a fracture and receive a BMD test within 12 months

BMD TESTING IN ELIGIBLE SENIORS (2017/18)

Eligible seniors (aged 68 to 70) who had a BMD test

23%

# Reducing Per Capita Cost of Healthcare

**Provincial Data** 

### **Healthcare Utilization Cost of Hip Fracture**

in adults 66+ at the time of their fracture

TOTAL COSTS



\$255,773,130



MEDIAN COST PER SINGLE EPISODE OF CARE

\$25,015

#### Improving Provider Experience

#### Ontario College of Family Physicians In-person Group Learning Certified Program

Self-reported comfort: **DIAGNOSIS 35**% of osteoporosis patients TREATMENT **17**% of osteoporosis patients

# Self-reported comfort: PRE **MANAGEMENT** 16% of osteoporosis patients Knowledge on management of osteoporosis

#### Ontario College of Family Physician and **MacHealth Online Module**

Change in Health Professional Practice The degree of success in implementing the

program's learning goals indicated by the participants following completion of fracture prevention course



#### **Long-Term Care** (Fracture prevention e-learning module)

Change in Health Professional Practice

Respondents who felt content was relevant to their current practice and their current learning needs following completion of the online program module



**POST** 

# Improving Patient & Caregiver Experience

#### **Fracture Screening and Prevention** Program (2017/18)

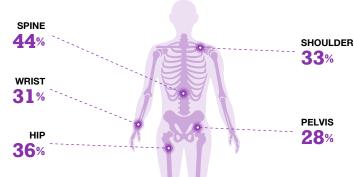


**SCREENED PATIENTS** education provided with screening



**REFERRALS TO SPECIALISTS** in eligible patients

# **Eligible Patients Referred to Specialists** by Type of Fracture



## Telemedicine Program

#### **Physician Assessments**

Patients who had initial physician assessment



Patients who had follow up physician assessment

#### **Allied Health Professional Assessments**



#### For more information, visit: www.osteostrategy.on.ca









