



Preventing hip fractures, saving lives.

# **Osteoporosis Tool – OSCAR Pro User Guide & FAQs**

June 2025

# Osteoporosis Tool - User Guide & FAQs

## Overview

Osteoporosis is a bone disease that develops when bone mineral density and bone mass decrease, or when the structure and strength of bone change. This can lead to a decrease in bone strength that can increase the risk of fractures (broken bones).

Osteoporosis is a “silent” disease, as there are typically no symptoms present, and patients may not even know they have the disease until they break a bone. Osteoporosis is the major cause of fractures in postmenopausal women and in older men. Fractures can occur in any bone, but happen most often in bones of the hip, vertebrae in the spine, and the wrist.

[Osteoporosis Canada](#) and [Amplify Care](#) (formerly the eHealth Centre of Excellence) have collaborated to develop a tool that will assist doctors in best-practice documentation of Osteoporosis care for patients. The tool consists of a main form that links to additional guides and resources. The tool has been developed in accordance with the most recent Osteoporosis guidelines (2024).

Below are the contents of the tool that will need to be imported into the EMR.

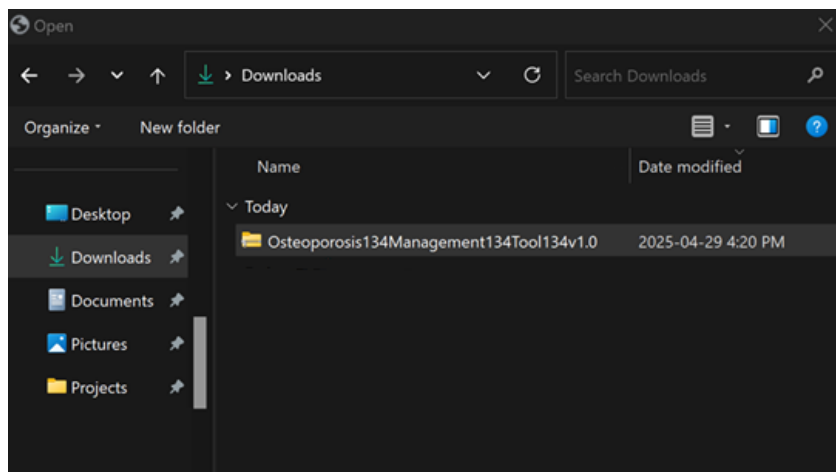
| Main form and accessory form                       | Type  |
|--|-------|
| Osteoporosis Main Form                             | .zip  |
| Osteoporosis WW X-Ray Fluoroscopic Procedures req. | .html |

| Handouts                           | Type |
|------------------------------------|------|
| Causes of Secondary Osteoporosis   | PDF  |
| CEP Falls Checklist April 2022     | PDF  |
| Ontario Limited Use Codes Aug 2024 | PDF  |
| Osteonecrosis of the Jaw           | PDF  |
| Osteoporosis Falls Assessment      | PDF  |
| Osteoporosis Falls prevention      | PDF  |

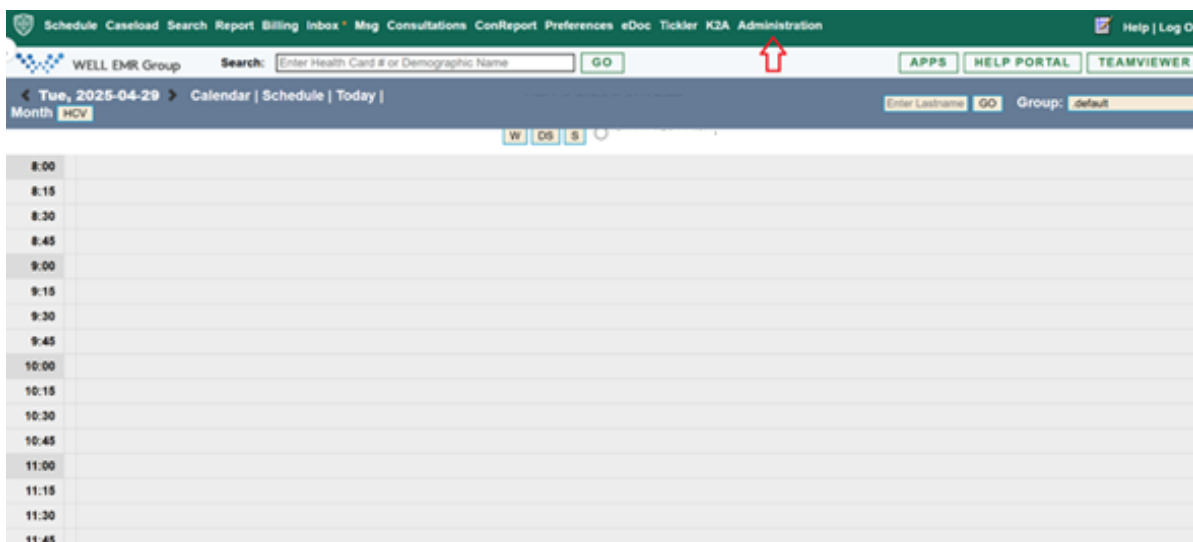
|   |     |
|---|-----|
| Osteoporosis Repeat BMD                               | PDF |
| Osteoporosis Too Fit To Fracture                      | PDF |
| Nutrition Key Points                                  | PDF |
| Pharmacotherapy with Evidence for Fracture Prevention | PDF |
| Your Guide to Strong Bones                            | PDF |

## Section A: Importing the Osteoporosis main form into OSCAR EMR

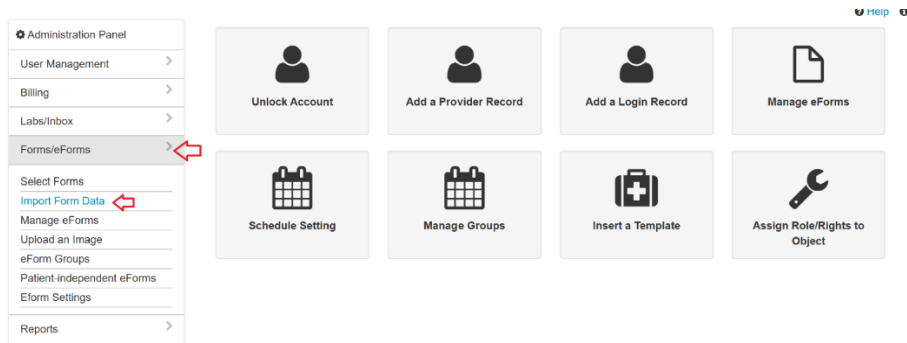
1. Download the package (i.e., Osteoporosis Main Form) and save it to the Desktop (or an alternate easy-to-access location).



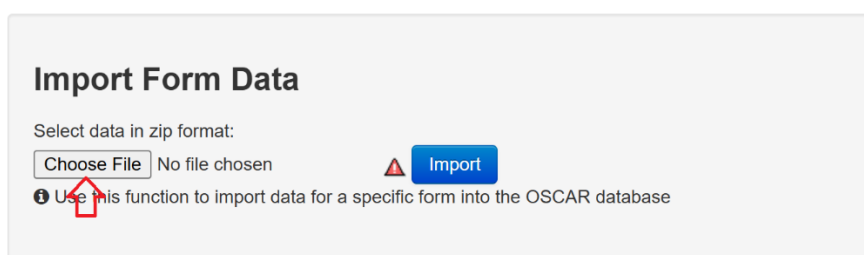
2. Log in to OSCAR EMR and from the main page, click the “Administration” button from the top menu.



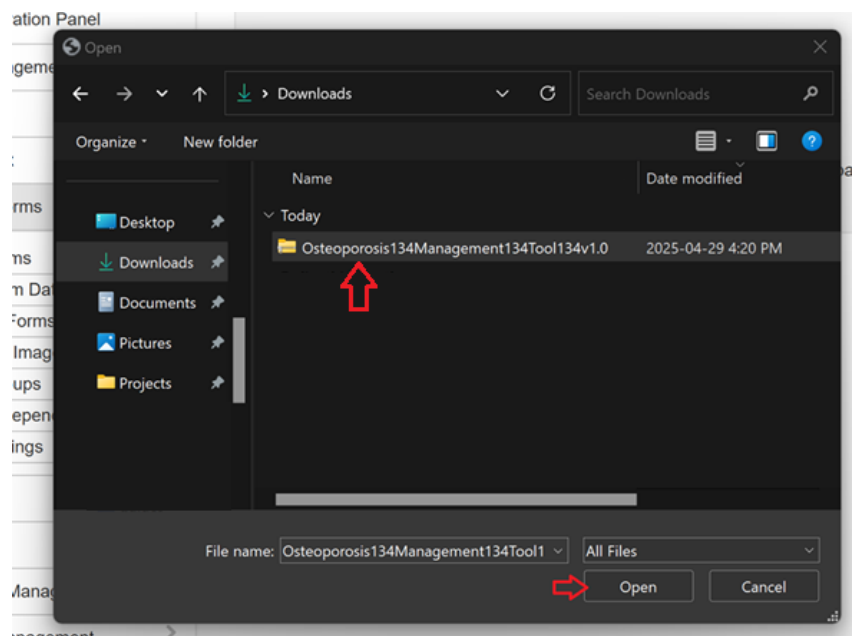
3. In the Administration Panel window, in the left-hand menu, navigate to the “Forms/eForms” section and then select the “Import From Data”.



4. In the Input From Data panel, click the “Choose File” button.



5. Navigate to the path chosen in Step 1, select the form, and click the “Open” button.




6. Lastly, click the “Import” blue button to add the form to the EMR.

## Import Form Data


Select data in zip format:


Choose File

Osteoporosi...l134v1.0.zip



Import

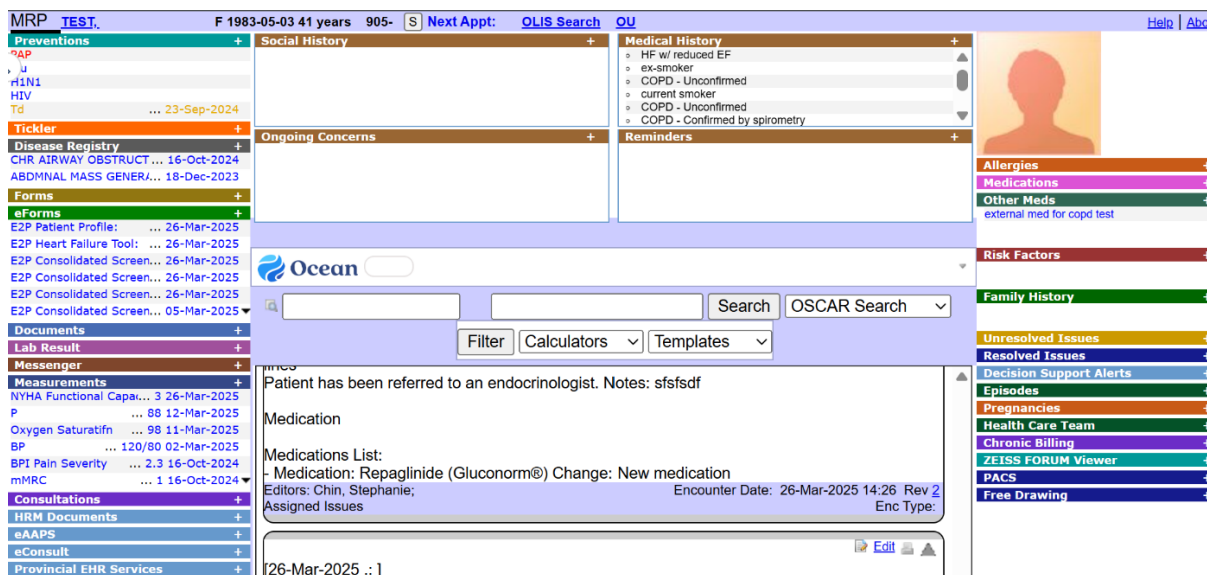


 Use this function to import data for a specific form into the OSCAR database

7. Repeat the previous steps for all the accessory forms (.html) files.

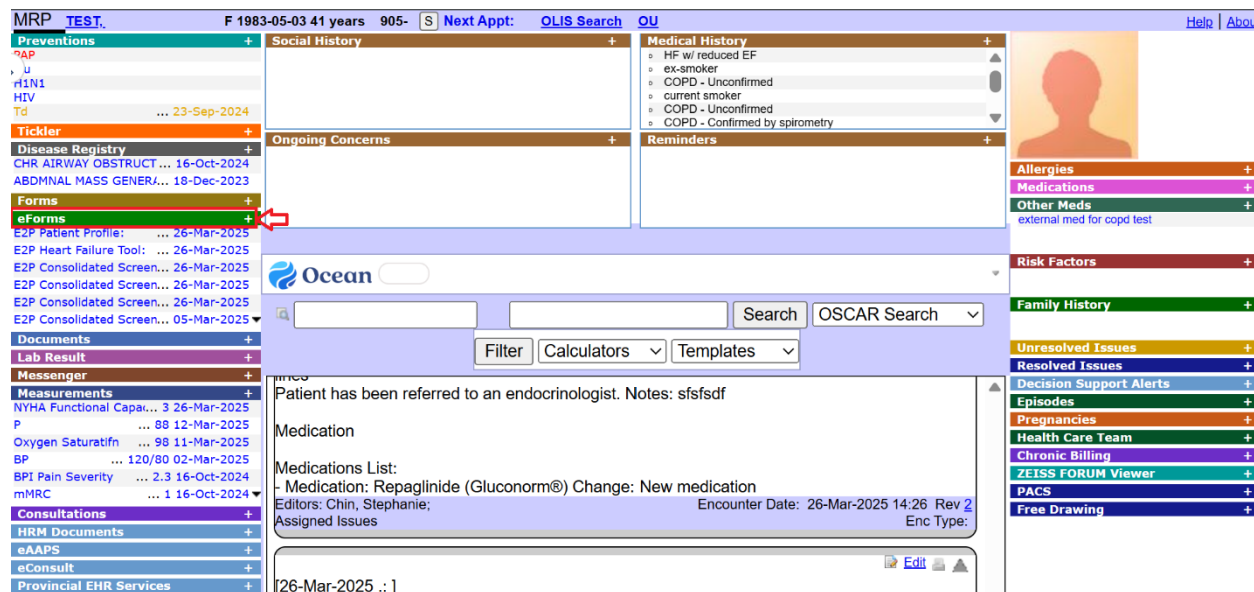
## Section B: Using the Osteoporosis tool in Oscar EMR

1. Log in to OSCAR EMR and open a patient chart



The screenshot shows the OSCAR EMR interface for a patient chart. The top header displays patient information: F 1983-05-03 41 years 905- [S]. The left sidebar contains navigation tabs for various clinical areas. The main content area is divided into sections for Medical History, Ongoing Concerns, and Reminders. The right sidebar lists various clinical tools and alerts. The bottom section shows a list of medications and a note about a referral to an endocrinologist.

2. Select the "+" From the eForms section to open the eForms window.



The screenshot shows a patient record interface for a female patient (MRP TEST, F 1983-05-03 41 years 905- S). The left sidebar contains various sections: Preventions, Tickler, Disease Registry, Forms, eForms, Documents, Lab Result, Messenger, Measurements, Consultations, HRM Documents, eAAPS, eConsult, and Provincial EHR Services. The eForms section is highlighted with a red arrow. The main content area shows a patient profile with a photo, allergies, medications, and other medical history. The eForms section is currently empty, and a red arrow points to the "+" icon in the eForms section of the sidebar.

3. Look for the name of the form you want to import, you might need to scroll down to find a form.

|   |   |            |
|---|---|------------|
| <a href="#">Ontario Lab Rep 2018</a>                        | KAI Innovations                                     | 2019-05-31 |
| <a href="#">Ontario Lab Requisition - E2P Heart Failure</a> |   | 2023-09-26 |
| <a href="#">Ontario Limited Use Codes</a>                   | Ontario Limited Use Codes                           | 2025-03-10 |
| <a href="#">Ontario Limited Use Codes Test</a>              | Ontario Limited Use Codes Test                      | 2025-03-11 |
| <a href="#">Opioid Agreement</a>                            | CNCP & Opioid Tools                                 | 2019-08-12 |
| <a href="#">Opioid Handout</a>                              |   | 2019-04-17 |
| <a href="#">Opioid Manager</a>                              | V3; updated background                              | 2019-04-26 |
| <a href="#">Opioid Risk Tool</a>                            | CNCP & Opioid Tools                                 | 2019-08-12 |
| <a href="#">Opioid Tools</a>                                |   | 2019-10-05 |
| <a href="#">Opioid Tools Testing Diego</a>                  | Duplicate for testing purposes for the Opioid tool. | 2020-07-20 |
| <a href="#">OSC Web Tools - Heart Failure</a>               | Launcher for OSC Web Tools                          | 2023-04-17 |
| <a href="#">Osteonecrosis of the Jaw</a>                    | Osteonecrosis of the Jaw                            | 2025-03-10 |
| <a href="#">Osteoporosis Falls Assessment</a>               | Osteoporosis Falls Assessment                       | 2025-03-10 |
| <a href="#">Osteoporosis Management Tool v1.0</a>           | Osteoporosis Canada                                 | 2025-04-28 |
| <a href="#">Osteoporosis Repeat BMD</a>                     | Osteoporosis Repeat BMD                             | 2025-03-07 |
| <a href="#">Osteoporosis Too Fit To Fracture</a>            | Osteoporosis Too Fit To Fracture                    | 2025-03-10 |
| <a href="#">Osteoporosis WW X-Ray Req Form</a>              | Osteoporosis WW X-Ray Req Form                      | 2025-03-28 |
| <a href="#">OST_HA_DentalHealth</a>                         | OST_HA_DentalHealth                                 | 2024-06-18 |
| <a href="#">OST_HA_FallsAssessment</a>                      | OST_HA_FallsAssessment                              | 2024-06-18 |
| <a href="#">OST_HA_FallsPrevention</a>                      | OST_HA_FallsPrevention                              | 2024-06-18 |
| <a href="#">OST_HA_FractureRisk</a>                         | OST_HA_FractureRisk                                 | 2024-06-18 |
| <a href="#">OST_HA_Pharmacotherapy</a>                      | OST_HA_Pharmacotherapy                              | 2024-06-18 |
| <a href="#">OST_HA_RepeatBmd</a>                            | OST_HA_RepeatBmd                                    | 2024-06-18 |
| <a href="#">OST_HA_StrongBones</a>                          | OST_HA_StrongBones                                  | 2024-06-18 |
| <a href="#">OST_HA_Table2</a>                               | OST_HA_Table2                                       | 2024-06-18 |
| <a href="#">OST_HA_Table5</a>                               | OST_HA_Table5                                       | 2024-06-18 |
| <a href="#">OST_HA_TooFitToFracture</a>                     | OST_HA_TooFitToFracture                             | 2024-06-18 |
| <a href="#">Oxford Medical Imaging Req</a>                  |   | 2019-04-26 |
| <a href="#">Oxford pg2</a>                                  |   | 2019-05-01 |
| <a href="#">Palliative - Main</a>                           | In Development                                      | 2020-10-14 |
| <a href="#">Patch Exchange Handout</a>                      |   | 2019-04-17 |
| <a href="#">Patient Encounter Tracking</a>                  |   | 2019-04-26 |
| <a href="#">Patient Health Questionnaire (PHO-9)</a>        | CNCP & Opioid Tools                                 | 2023-03-29 |

4. Upon clicking on the form, a new window will open with the custom eForm.

## Section C: FAQs

### 1. How do I import the Osteoporosis tool?

Importing a custom form to OSCAR EMR is a simple process; please refer to Section A of this document, which shows step-by-step instructions.

### 2. How do you use the Osteoporosis tool?

Once the user has imported the custom eForm from a patient's chart, go to the eForms in the left side column and click the "+" button. Afterwards, look for the custom form named "Osteoporosis Main Form v1.0" from the list and click on it.

### 3. Are there additional handouts and materials provided with the tool?

Yes, we have several handout materials listed below, and these can be shared with the clinics. In the case of OSCAR EMR, they are provided as supporting materials; you do not have to upload them to the EMR.

- Causes of Secondary Osteoporosis
- CEP Falls Checklist April 2022
- Ontario Limited Use Codes Aug 2024
- Osteonecrosis of the Jaw
- Osteoporosis Falls Assessment
- Osteoporosis Falls Prevention
- Osteoporosis Repeat BMD
- Osteoporosis Too Fit To Fracture
- Nutrition Key Points
- Pharmacotherapy with Evidence for Fracture Prevention
- Your Guide to Strong Bones

Questions? Please reach out to [EMRtools@amplifycare.com](mailto:EMRtools@amplifycare.com).